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# Postpartum Care Clinical Practice Guidelines (CPG) Medical Record Audit (MRA) Report

The CPG Medical Record Audit (MRA) process assesses whether the provider's medical practices conform to clinical standards of practice. The audit tool serves as an instrument to gather information on the use of evidence-based clinical practice guidelines in order to identify the effectiveness, or lack thereof, of the treatment provided in accordance with the guidelines. This audit tool incorporates the standards, established by the American College of Obstetricians and Gynecologists (ACOG), for Postpartum Care.

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### What is a Clinical Practice Guideline?

The IOM in its newest definition describes CPGs as 'statements that include recommendations, intended to optimize patient care, that are informed by a systematic review of evidence and an assessment of the benefits and harms of alternative care options.' (Consensus report, Institute of Medicine. Clinical practice guidelines we can trust. March 23, 2011)

### **Purpose of Clinical Practice Guidelines**

The intent of clinical practice guidelines is to:

- 1. Improve the quality of patient care and health care outcomes
- 2. Summarize research findings and make clinical decisions more transparent
- 3. Reduce inappropriate variation in practice
- 4. Promote efficient use of resources
- 5. Identify gaps in knowledge and prioritize improvement activities
- 6. Provide guidance for consumers and inform and empower patients

Source: Davis D, Joanne G, Palda VA, Handbook on Clinical Practice Guidelines, Canadian Medical Association

The number of providers audited each quarter will reflect no less than 20% of the total allocated providers within the CMO who submitted a claim for Postpartum Care during the review period. The clinical reviewer will randomly select 4 - 5 medical records of the selected providers for the review of Postpartum Care according to the CPG. The Georgia Families CMOs are required to collaborate to develop a process of equally dividing all providers and assigning each CMO the same group of providers on an annual rotation, or as a rotation as agreed between DCH and the CMOs. Individual CMO should create a review process that: 1) ensures at least 90% of total allocated providers are reviewed by the end of the review year and 2) avoids repeat reviews of any one provider, unless in the event of a reaudit for a previously identified deficit.

Providers should be notified in advance of the pending MRA. The medical records should be pulled upon the arrival of the reviewer or may be submitted directly to the CMO (paper or electronic version) for review. Reviewers must utilize the DCH-approved forms (see attached) to conduct the audits. All individually identifiable health information must be kept confidential and private by the reviewer, in accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) and applicable Medicaid laws and regulations. Findings of audit must be shared with the provider within seven (7 days) of the MRA.

#### CPG MRA Process:

1. Provider Audit

The CPG Provider Audit Form (Form A) should be completed and submitted to DCH for each provider selected for review. Based on the identified indicators, the reviewer should thoroughly evaluate the medical record to determine whether the provider's medical practices conform to the clinical practice guidelines for the particular medical condition. Weights have been assigned to each indicator based on the degree of its importance to the members' overall health outcomes. The weights are calculated to render a weighted rate. Each indicator should be represented with a 'Y' for Yes, if the documentation is found in the member's medical records; or an 'N' for No, if the documentation is not found in the medical records. (Note: When an indicator is determined to be 'Not Applicable,' indicate 'N/A.' The assigned weight of that indicator will be credited in calculating total compliance rate). Please note: DCH reserves the right to request justification for indicators deemed as 'N/A'. If a provider scores less than the 80% compliance threshold for any individual indicator (see Indicator Rate column in Form A), the provider should be re-audited within the second quarter of the initial audit, for the same indicator(s) that resulted in the re-audit (e.g. provider had a total of 5 audited records and only 3 records scored a 'Y' or 'N/A' for the individual indicator, this would be equal to a compliance rate of 60%; if deficit is identified in Q1, the reaudit should be completed in Q3).

## 2. Summarized Medical Record Audit Form

The Summarized Medical Record Audit (Form B) must be submitted to DCH within 30 days from the end of each quarter. The Summarized MRA, a compilation of the CPG Provider Audits, provides the average compliance rate per indicator and the average overall compliance rate of the providers selected for review.

## 3. CPG Quarterly Report

The CPG Quarterly Report (Form C) must be submitted to DCH within 30 days from the end of each quarter. The Quarterly Report, which may be submitted as a Microsoft Word or Excel document, should be completed in accordance with the CPG MRA Specifications.

### 4. <u>Cumulative Medical Record Audit Report</u>

The Cumulative Medical Record Audit Report (*Form D*) must be submitted to DCH within 30 days from the end of each quarter. The Cumulative MRA Report is a compilation of the weighted rates calculated for each quarter. The purpose of this document is to inform DCH and the CMOs of the quarterly trends for compliance with this CPG.

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Form A - Provider Audit (Postpartum Care)     CMO Name:						Reporting Pe	riod: MM/DD/Y	YYY-MM/DD/Y	YYY	
INDICATORS	ме	DICAL R	ECOR	DS		Numerator	Denominator	Indicator Rate	Weights	Weighted Ra
			2001			(A)	(B)	(A/B)	(C)	(A/B X C) X 10
Match Number to Patient in Confidential Manner	1	2	3	4	5	Total # of charts compliant with indicators	Total # of charts audited			
Postpartum Assessment									64%	
Documentation of Delivery Date									9%	
Documentation of Initial Contact (in person or by phone) within the first 3 weeks of postpartum									5%	
Documentation of a Postpartum Visit - Physical Recovery: Date of postpartum visit Vital signs (BP) Pelvic exam (vaginal delivery); check incision site (cesarean delivery) Note: These indicators must be present but does not exclude other elements from being documented in the chart)									10%	
<b>Documentation of follow up on any complications from pregnancy</b> : [e.g. Glucose screening for gestational diabetes, Arteriosclerotic Cardiovascular Disease (ASCVD) Risk Assessment (for moms with complications such as preterm delivery, gestational diabetes, gestational hypertension, preeclampsia, and eclampsia]									10%	
Documentation of Mental/Behavioral Health Screening/History									10%	
Documentation of Substance Use Screening/History									10%	
Documentation of Chronic Physical Conditions: If applicable									10%	
<b>N</b> edications									10%	
Documentation and Assessment of Current Medication Regimen and Adherence: (e.g. medication-taking behavior)									5%	
Documentation of Medication Reconciliation, if applicable									5%	
Social/Emotional Support Assessment		•	-	-					5%	
<b>Documentation of Social Needs:</b> social determinations of health: [e.g. stable housing, transportation, utilities, food, child care, connection to community resources, intimate partner violence screening, existing social supports]									5%	
Nember Education									10%	
Documentation of Education on Postpartum Self-care: [e.g. care of c-section/episiotomy incision, prevention of mastitis, and/or when to contact the physician]									10%	
Follow-up Plan & Referral									11%	
Documentation of Referral for Follow up with primary care or mental health providers for chronic medical or mental health conditions, if applicable									6%	
Referral: other specialists and community resources [e.g. cardiologist, bereavement counselor, case manager, WIC, certified lactation specialists], if applicable									5%	

Note: Additional space has been provided in the event more than one medical record is selected for a provider.

\*Source: American College of Obstetricians and Gynecologists

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# **CPG Medical Record Audit Report - Postpartum**

orm B: Summarized Medical Report Audit Report (Due Quarterly) CMO Name:					Report Submitted: Reporting Period:	MM/DD/YYYY-MM/DD/YYYY
INDICATORS	Numerator	Denominator	Indicator Rate	Weights	Weighted Rate	
	(A)	(B)	(A/B)	(C)	(A/B X C) X 100	Total # of Records
Match Number to Patient in Confidential Manner	Total # of charts compliant with indicators	Total # of charts audited				Reviewed this Quarte
Postpartum Assessment				64%		
Ocumentation of Delivery Date				9%		
Occumentation of Initial Contact (in person or by phone) within the first 3 weeks of postpartum				5%		
Documentation of a Postpartum Visit - Physical Recovery: Date of postpartum visit Vital signs (BP) Pelvic exam (vaginal delivery); check incision site (cesarean delivery) Note: These indicators must be present but does not exclude other elements from being documented in the chart)				10%		Total # of Providers Reviewed this Quarte
<b>Documentation of Follow up on any Complications from Pregnancy</b> : [e.g. Glucose screening for gestational diabetes, Arteriosclerotic Cardiovascular Disease (ASCVD) Risk Assessment (for moms with complications such as preterm delivery, gestational diabetes, gestational opertension, preeclampsia, and eclampsia]				10%		
Occumentation of Mental/Behavioral Health Screening				10%		
Occumentation of Substance Use Screening/History				10%		
Occumentation of Chronic Physical Conditions: If applicable				10%		
/ledications				10%		
Occumentation and Assessment of Current Medication Regimen and Adherence: (e.g. medication-taking behavior)				5%		
Occumentation of Medication Reconciliation, if applicable				5%		
Social/Emotional Support Assessment				5%		
<b>Documentation of Social Needs:</b> social determinations of health: [e.g. stable housing, transportation, utilities, food, child care, connection to community resources, intimate partner violence screening, existing social supports], if applicable				5%		
Nember Education				10%		
Documentation of Education on Postpartum Self-care: [e.g. care of c-section/episiotomy incision, prevention of mastitis, and/or when to ontact the physician]				10%		
ollow-up Plan & Referral				11%		
Ocumentation of Referral for Follow up with primary care or mental health providers for chronic medical or mental health conditions, if applica	b			6%		
Referral: other specialists and community resources [e.g. cardiologist, bereavement counselor, case manager, WIC, certified lactation specialists]				5%		

Note: Additional space has been provided in the event more than one medical record is selected for a provider.

\*Source: American College of Obstetricians and Gynecologists

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# **CPG Medical Record Audit Report**

Form C- Quarterly Report CMO Name:\_\_\_\_\_

Report Date: MM/DD/YYYY

Reporting Period: MM/DD/YYYY- MM/DD/YYYY

Quarterly Medical Record Review Summary Total Number of Records Reviewed (Transfer from Form B: Summarized MRA)

Total Number of Providers Reviewed (Transfer from Form B: Summarized MRA)

Total Compliance Rate (%) (Transfer from Form B: Summarized MRA)



Total Number of Providers with this Deficit	Provider Focus Review (Yes/No)	Tentative Re-audit Date

Re-audit Outcomes

Overview



Total Number of Re-audits Completed Re-audit Outcome and Next Steps (e.g. CEU, CAP, Peer Review)

# Form D - Cumulative Medical Record Audit Report (Complete Quarterly)

CMO Name:

Reporting Period: MM/DD/YYYY - MM/DD/YYYY

Indicators	Weights	QUARTER 1 Weighted Rate	QUARTER 2 Weighted Rate	QUARTER 3 Weighted Rate	QUARTER 4 Weighted Rate
Postpartum Assessment	64%				
Documentation of Delivery Date	9%				
<b>Documentation of Initial Contact</b> (in person or by phone) within the first 3 weeks of postpartum	5%				
<ul> <li>Documentation of a Postpartum Visit - Physical Recovery:</li> <li>Date of postpartum visit</li> <li>Vital signs (BP)</li> <li>Pelvic exam (vaginal delivery); check incision site (cesarean delivery) (Note: These indicators must be present but does not exclude other elements from being documented in the chart)</li> </ul>	10%				
<b>Documentation of follow up on any complications from pregnancy:</b> [e.g. Glucose screening for gestational diabetes, Arteriosclerotic Cardiovascular Disease (ASCVD) Risk Assessment (for moms with complications such as preterm delivery, gestational diabetes, gestational hypertension, preeclampsia, and eclampsia]	10%				
Documentation of Mental/Behavioral Health Screening	10%				
Documentation of Substance Use Screening/History	10%				
Documentation of Chronic Physical Conditions: If applicable	10%				
Medications					
<b>Documentation and Assessment of Current Medication Regimen and Adherence:</b> (e.g. medication-taking behavior)	5%				
Documentation of Medication Reconciliation, if applicable	5%				
Social/Emotional Support Assessment	5%				
<b>Documentation of Social Needs:</b> social determinations of health: [e.g. stable housing, transportation, utilities, food, child care, connection to community resources, intimate partner violence screening, existing social supports]	5%				
Member Education	10%				
<b>Documentation of Education on Postpartum Self-care:</b> [e.g. care of c-section/episiotomy incision, prevention of mastitis, and/or when to contact the physician]	10%				
Follow-up Plan & Referral	11%				
<b>Documentation of Referral for Follow up</b> with primary care or mental health providers for chronic medical or mental health conditions, if applicable	6%				
<b>Referral:</b> other specialists and community resources [e.g. cardiologist, bereavement counselor, case manager, WIC, certified lactation specialists], if applicable	5%				
Port 2/2024	100%				

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Postpartum Care CPG Medical Record Audit
Report Specification for Quarterly Report

(may submit report as Microsoft Word or Excel document)

	DO NOT MOD	IFY						
Report Name	1	it (MRA) Quarterly Report						
CMO Name	Enter name of CMO	ie (initial) quarterly hepore						
Report Date	Enter report date as MM/DD/YYYY							
Frequency	Submit report quarterly	//						
	CPG Claims	Date of Review	Report Due					
	Jan 1- Mar 31	Apr 1- Jun 30	July 31					
Reporting Period	Apr 1- Jun 30	Jul 1- Sept 30	Oct 31					
	Jul 1- Sept 30	Oct 1- Dec 31	Jan 31					
	Oct 1- Dec 31	Jan 1- Mar 31	April 30					
FIELD	FIELD DESCRIPTION							
		le of records per provide	rs who bill for services with					
Fotal Number of Records Reviewed	<b>Postpartum Care.</b> Enter total number of red	evidence-based clinical pr cords reviewed this quarte orm B: Summarized MRA						
Total Number of Providers Reviewed	Enter total number of pro (Transfer % rate from Fou	oviders reviewed this quar rm B: Summarized MRA)	rter.					
Overall Average Provider Compliance Rate %)	Enter overall compliance (Transfer % rate from Fo	percentage rate for this q rm B: Summarized MRA)	uarter.					
Quarterly Summary of Top 3 Indicators with an "N"	Review office deficits as indicated on Form A: Provider Audit. Enter the top 3 indicators with an "N" score in the numbered cells							
Fotal Number of Providers with this Deficit	For each of the Top 3 def each deficiency.	ficiencies listed, enter the	total number of providers for					
Provider Focus Review	Select (Yes/No) if a Provider Focus Review was initiated during the reporting period							
Tentative Re-audit Date	Enter date of tentative re	e-audit						
	Provider Focused Review	v process:						
Deficits Outcome	the 80% compliance three column in Form A), [e.g. records scored a 'Y' or 'N compliance rate of 60%]. •Notify provider of the n coaching on indicators ta • Note: If less than three period, the CMO will delo available. •Re-audit in the second of identified (e.g. deficit is in •If no deficits are identified beyond re-audit, CMOs w •If deficiency persists fol	shold for any <b>individual</b> in provider had a total of 5 a I/A' for the individual indic eed to re-audit and provid regeted for re-audit. <b>Re (3)</b> additional records a by the re-audit until there quarter following the quar dentified in Q1, the reaudit ied at re-audit, no further vill complete a Corrective a lowing completion of a CA	cator, this would be equal to a de education and/or peer <i>are available by the re-audit</i> <i>are at least three (3) records</i> ter when the deficit was it should be completed in Q3). action is needed. For deficits Action Plan (CAP). NP, CMOs will be required to					
Fotal Number of Providers Previously Scheduled for Re-audit	steps and the outcomes	should be reported to DCF	nittee for determination of nex I via Quarterly Report (Form C) evious audits to be re-audited					

Total Number of Re-audits Completed	Enter total number of completed re-audits
Re-Audit Outcome and Next Steps	Enter the outcome of re-audit and any necessary next steps (e.g. Re-audit, CAP,
Re Addit Outcome and Next Steps	peer-coaching /continuing education, Peer Review)

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# **ATTESTATION**

This form must be reviewed, signed, and dated by the CMO's Chief Medical Officer and submitted with each Georgia Families 360 Clinical Practice Guidelines quarterly reports, as specified, to DCH via the CMO report portal. Graphs, charts, and other documentation can be attached to this form.

I, \_\_\_\_\_, do hereby attest that the above information is true and correct to the best of my knowledge.

Date: \_\_\_\_\_